

Parent Manual Addendum: Health and Safety Protocols for Families

Concordia Place is committed to creating a safe, healthy environment for those we serve and our team members who serve them. In addition to the policies and procedures in the Concordia Parent Manual, this Parent Manual Addendum outlines important health and safety protocols. Concordia developed this addendum using guidance from the Centers for Disease Control and Prevention (CDC), Chicago and Illinois Departments of Public Health, and input from Illinois Department of Children and Family Services (DCFS) licensing requirements, other regulatory bodies, and our operating experience.

Please carefully read this document and sign the acknowledgements on the last page.

Pandemic Protocols

Every protocol listed below is essential to reducing the risk of COVID-19 at our centers. Failure to follow these guidelines (including withholding information about your child's symptoms or test results) jeopardizes your enrollment at Concordia Place. Keeping our children and team members safe requires full cooperation from every family.

What if a child experiences [COVID-19 symptoms at Concordia](#)? Your child will be isolated from their classmates, as space and staffing allow. For the sake of your child and the Concordia Place team, it is critical that they are picked up quickly. For this to happen, it is even more important to make sure your emergency contact information is current, and you have a plan for authorized pick-up people.

- Concordia first contacts parents/guardians to pick up the child. If you do not answer or return the call within 10 minutes, Concordia attempts one more call. After that, Concordia starts contacting the emergency contacts.
- If you, your emergency contacts, or authorized pick-ups are unable to pick up your child within 2 hours of reaching someone, you may be assessed an Early/Late Pick-Up fee. However, do not wait 2 hours to pick up your child. To minimize risk and exposure to Concordia Place staff and other children, you must pick up your child as soon as possible.
- While your child is home, you must monitor your child's symptoms, keep Concordia updated on their symptoms, and follow the return to school procedures below. Notify Concordia immediately if your child or anyone else in your household is diagnosed with COVID-19.

What if a child is experiencing [COVID-19 symptoms at home](#)? If a child is home and experiences any pandemic symptoms, please notify Concordia Place immediately about the symptoms and onset. Also contact your doctor for guidance. Whenever you are in contact with your doctor, request documentation as you will need to provide something to return to Concordia. (See the guidance below)

What about others in the household? You need to alert Concordia to anyone in the house that is experiencing symptoms, has been exposed, suspected of having, or diagnosed with COVID-19 so that we can determine if any actions need to be taken. **Your child may not attend Concordia Place if anyone else in the household (regardless of vaccination status) is experiencing COVID-19 symptoms**, until the sick individual tests negative for COVID-19.

Isolation Guidance

If your child is experiencing COVID-like symptoms:

- Isolate at home.
- A negative COVID-19 test ([any viral test](#), including rapid or PCR) is required to return to school. Follow procedures below if your child tests positive.

- Your child must be 24 hours fever-free without fever-reducing medication AND other symptoms have improved.

If your child is diagnosed with COVID-19:

- Isolate at home for least 10 days from onset of symptoms or test date (if no symptoms were present). A doctor's release to return to school does not shorten the 10-day isolation period.
- Your child must be 24 hours fever-free without fever-reducing medication AND other symptoms have improved.

Quarantine Guidance for Close Contacts

CDC and health department guidance allows for shorter quarantine periods for children who can physically distance in the classroom and consistently wear a well-fitting mask. Each exposure is unique, with its own timeline for quarantine and return-to-school. The date when children can return to school may also be based on classroom staffing.

If your child is a [close contact](#) to a confirmed or probable case of COVID-19:

- No quarantine is necessary if your child is [fully vaccinated](#) or has recovered from COVID-19 in the last 90 days.
- Children in our infant, toddler, and two year-old classrooms are required to quarantine for 10 days after exposure. (Exposure is Day 0, return is Day 11.) A negative PCR test on Day 5–7 is required for return.
- Children in our preschool and school-age programs have two quarantine options:
 - Quarantine at home for 10 days after exposure. A negative PCR test on Day 5–7 is required for return.
 - Quarantine at home for 5 days after exposure. A negative PCR test taken on Day 5 is required for return.

What happens when children or Concordia Place team members are diagnosed with COVID-19? If a child or team member tests positive for COVID-19, they need to notify Concordia immediately and include the timeline of symptoms, test date, diagnosis, and course of treatment (i.e. self-quarantine or hospitalization).

Concordia Place will notify known close contacts of any positive COVID-19 case as soon as possible via email, Tadpoles, and phone, if necessary. If Concordia learns of a COVID-19 diagnosis prior to programming start the next day, we will attempt to notify all families and team members of that classroom to not come to the center, and to contact their medical provider immediately.

If Concordia experiences a confirmed case of COVID-19, we report the information to DCFS licensing and the local health department for guidance. All children in the classroom who were present on the exposure day(s) will be considered close contacts. The local health department will determine the plan for quarantine and program closure if necessary. The extent and duration may be dependent on level of exposure, outbreak levels in the community, and severity of illness in infected individuals. Symptom-free children and team members from the classroom will not attend or work at another center, unless they are fully vaccinated, to reduce the risk of exposure to others.

How is Concordia Place assisting in stopping the spread of COVID-19? COVID-19 can be spread when no symptoms are present, up to two days before symptoms occur, and up to two days before an asymptomatic individual tests positive. Case investigation and contact activities will be swift and thorough. We have designated the directors at each center to assist the local health department with contact tracing and monitoring of absenteeism. More information on contact tracing and monitoring can be found [here](#).

Children's Health Precautions

- Teachers assess children's general well-being when they arrive and throughout the day. They monitor for symptoms, such as changes in normal behavior, appearance, or body functions, feeling warmer than usual, or complaints of pain or unpleasant sensations.
- Concordia Place follows guidance for face coverings as it may change from time to time. Currently:
 - Children under 2 years old do not wear a mask at any time.
 - Children ages 2 and older and able to medically tolerate a mask are required to cover their nose and mouth with a mask. Masks are removed while eating or drinking, during nap time, and when classrooms are outdoors if physical distancing is maintained.
 - Families may provide their child's mask; Concordia can provide masks if needed.
 - Concordia team members wear face coverings per CDC and DCFS guidelines.
- Concordia Place team members model, teach and reinforce handwashing and healthy hygiene as is age appropriate (covering coughs/sneezes, disposing of tissues, etc.).

Drop-Off & Pick-Up

Reducing the Spread:

- Not only is it important that you do not bring your child to Concordia Place when they are not feeling well, YOU should not come to Concordia if you are not feeling well.
- Although you are not entering the classrooms, you are exposing our support staff during drop-off and pick-up. DCFS requires that everyone who comes to the center for drop-off and pick-up wear a face mask.

Location:

- Until further notice, Concordia conducts drop-off and pick-up outside the center or at a designated location outside the classroom. This avoids lengthy physical interactions between teachers and parents, limits foot traffic and bottlenecks in our facilities, minimizes touching of door handles, etc.
- As a precaution, parents are not permitted at this time to enter their child's classroom. If you must enter the center, DCFS requires that you review the self-screening questions before entering the building.

Drop-Off Process:

Parents/guardians answer a series of screening questions for attendance that day. In order to attend, all of the following must be true:

- Your child and everyone in the household are not experiencing any COVID-19 symptoms.
- Your child has not traveled to any state or country that is subject to travel restrictions.
- Your child has not been exposed to COVID-19.
- Your child and everyone in the household are not awaiting COVID-19 test results.
- If the drop-off/pick-up location at your center is outside of the facility, a team member will take your child to their classroom; you do not enter the center.

Additional items to note:

- All adults and children ages 2 and older must wear a face mask during pick-up and drop-off, regardless of vaccination status.
- Maintain a 6-foot interval as a guide to a safe physical distance between families.
- To keep our hallways clear and allow for distancing, parents may not be permitted to leave personal strollers or car seats at Concordia Place.

Teacher Communications

While lengthy in-person conversations between parents and teachers are not possible at this time, please use our other communication tools (email, Tadpoles, or ClassDojo for School-Age 365 families). Please know that response times may be delayed as your teaching team is focused on engaging children in the classroom and maintaining enhanced health and safety protocols.

Facility Operations and Cleaning Protocols

Concordia contracts with janitorial crews at each center for nightly cleaning; during a pandemic situation, this continues with enhancement. They include these protocols and procedures:

- Clean and sanitize all classroom furniture including tables, chairs, sinks, faucets and faucet handles, countertops, cubbies, cots or cribs, bookshelves, vinyl wall coverings, gates, door handles, changing areas, bathrooms, and any other identifiable high-touch surfaces or equipment.
- Follow the manufacturer's instructions for all cleaning and disinfection products for concentration, application method and contact time, etc.

Teachers have additional cleaning and sanitizing responsibilities at the beginning, end, and throughout the day, including increased frequency of toy sanitizing.

We use EPA-approved sanitizing spray on classroom and common area surfaces including countertops, elevator buttons, and lobby furniture. Frequently throughout the day, we also sanitize high-touch surfaces such as door handles, light switches, phones, keyboards, and computer mice.

Acknowledgements

Child(ren) Names

Health and Safety Protocols

We have fully read and understand the foregoing parent manual addendum and agree to abide by these terms, conditions, and procedures as they are printed herein and as they may be added to or modified by Concordia Place from time to time, as it deems necessary, to respond to the health and safety of all those it serves and to incorporate the most current public health recommendations.

Parent/Guardian Name

Parent/Guardian Signature

Date

Communicable Disease and Waiver of Claims ("Release")

The undersigned, in my capacity as parent or legal guardian, hereby acknowledge the health risks and dangers associated with the transmission of the COVID-19 virus and other communicable diseases and recognize that exposure to the COVID-19 virus, or other communicable diseases, could occur while my child is in the care of Concordia Place.

As such, and in consideration for child care services to be provided by Concordia Place, the undersigned, for myself and my minor children enrolled in the program fully assume all of the risks associated with participation in the program, including the possibility of COVID-19 community spread, or other communicable diseases.

I, as parent or legal guardian, have read and fully understand and acknowledge the contents of the release and agree that I am voluntarily waiving, releasing, indemnifying and discharging Concordia Place and its officers, directors, employees, and volunteers from any and all liability, damages, and each and every action (collectively, "claims") by participation in or associated with the program including, but not limited to exposure or transmission of the COVID-19 virus or other communicable diseases.

I represent that I have full authority to sign on behalf of my child(ren) and that my signature binds each other person having authority to make decisions on behalf of the child(ren).

Parent/Guardian Name

Parent/Guardian Signature

Date