



Snack Menu

November 2017

Mon	Tue	Wed	Thu	Fri
		1 Yogurt & Apples Cheese & GF Crackers	2 School Butter & Apples Cheese & Pears	3 Yogurt & Chex Hummus & GF Crackers
6 Bean Tacos GFCrackers & Pears	7 Flavored Yogurt & Apples Hummus & Cucumbers	8 Applesauce & Rice Cakes Watermelon & Cheese	9 Chex and Apples GF Crackers & Bananas	10 Strawberries & Yogurt Oranges & GF Crackers
13 School Butter and Apples GF Crackers & Hummus	14 GF Waffles & Bananas Corn Tortilla Quesadilla	15 Yogurt & Apples Cheese & GF Crackers	16 GFBagels & CreamCheese Cheese Quesadillas	17 Cheese & Crackers School Butter & Apples
20 GF Crackers & Apples Hummus & Cucumbers	21 Chex Cereal & Milk Bean & Cheese Tacos	22 Applesauce & GFCrackers Cheese & Pears	23 Concordia Day Closed	24 Concordia Day Closed
27 School Butter and Apples Watermelon and GF Crackers	28 Yogurt & Bananas Vegetables & Hummus	29 GF Crackers & Apples School Butter & Rice Cakes	30 Applesauce & GF Bagels Cheese and GF Crackers	

All snacks are served with water.