

\*Sides may change based on freshness and availability

## spring lunch menu

march 2017  
april 2017  
may 2017

(P) Protein > 1.5oz.  
(V) Vegetable, 1/4 cup  
(F) Fruit, 1/4 cup  
(G) Grain, 1/2 serving  
All meals served with milk, 3/4 cup  
70% Certified Organic Ingredients

monday	tuesday	wednesday	thursday	friday
<b>April 3rd</b> Chicken Stir Fry <i>Tofu Stir Fry</i> Peas & Carrots Applesauce Brown Rice	<b>April 4th</b> Three Cheese Lasagna Broccoli Fruit Salad	<b>April 5th</b> Turkey Sloppy Joe <i>Veggie Sloppy Joe</i> Roasted Root Veggies Honeydew Hamburger Bun	<b>April 6th</b> Beef Tacos <i>Boca Tacos</i> Squash Medley Pineapple Flour Tortilla	<b>April 7th</b> Cheese Pizza Cucumber Cantaloupe
<b>April 10th</b> Cheese Tortellini w/ Marinara & Mozzarella Squash Medley Orange Slices	<b>April 11th</b> Asian BBQ Chicken <i>Asian BBQ Tofu</i> Green Beans Fruit Salad Whole Grain Bread	<b>April 12th</b> Turkey Bolognese <i>Boca Bolognese</i> Broccoli Cantaloupe Chunks Rotini Pasta	<b>April 13th</b> Beef Burger <i>Veggie Burger</i> Mashed Sweet Potatoes Honeydew Hamburger Bun	<b>April 14th</b> Chicken Nuggets <i>Veggie Nuggets</i> Glazed Carrots Pear Slices Whole Grain Bread
<b>April 17th</b> Turkey Meatball Marinara <i>Veggie 'Meat'balls</i> Peas Applesauce Whole Grain Bread	<b>April 18th</b> Creamy Mac & Cheese Cucumber Cantaloupe Chunks	<b>April 19th</b> Roasted Turkey w/ Mango Glaze <i>Roasted Tofurkey</i> Roasted Potatoes Fruit Salad Whole Grain Bread	<b>April 20th</b> Fiesta Burrito Broccoli Pineapple	<b>April 21st</b> Chicken Parmesan <i>Veggie 'Chicken' Parmesan</i> Peas & Carrots Apple Slices Whole Grain Bread
<b>April 24th</b> Three Bean Chili Green Beans Orange Slices Elbow Pasta	<b>April 25th</b> Turkey Mini Meatloaf <i>Veggie Mini 'Meat'loaf</i> Roasted Potatoes Pineapple Whole Grain Bread	<b>April 26th</b> Penne Pasta w/ Marinara & Mozzarella Cucumber Applesauce	<b>April 27th</b> Sweet Apple Chicken Curry <i>Sweet Apple Tofu Curry</i> Broccoli Fruit Salad Pita Bread	<b>April 28th</b> Fish Tenders <i>Veggie Nuggets</i> Squash Medley Cantaloupe Whole Grain Bread



nut free kitchen!  
scratch cooking