

winter lunch menu

december 2017
january 2018
february 2018

monday

tuesday

wednesday

thursday

friday

December 1, 2017

Pizza Muffins
Glazed Carrots
Appleberry Sauce

December 4, 2017

Deconstructed Burrito
Salsa
Pear Slices

December 5, 2017

Turkey Sausage Patties
Veggie "Sausage" Patties
Roasted Potatoes
Pineapple
French Toast

December 6, 2017

Chipotle Lime Chicken
Chipotle Lime Tofu
Green Beans
Cantaloupe
Brown Rice

December 7, 2017

Pizza Muffins
Broccoli
Fruit Salad

December 8, 2017

Chicken Nuggets
Cajun Red Beans
Glazed Carrots
Applesauce
Whole Grain Bread

December 11, 2017

BBQ Chicken
BBQ Tofu
Peas & Carrots
Cantaloupe
Whole Grain Roll

December 12, 2017

Three Bean Chili
Sweet Potatoes
Pear Slices
Cornbread

December 13, 2017

Turkey Meatball Marinara
Veggie Meatball Marinara
Broccoli
Pineapple
Whole Grain Bun

December 14, 2017

Sweet Pea Pesto Chicken
Sweet Pea Pesto Tofu
Cucumber
Fruit Salad
Garlic Bread

December 15, 2017

Tortellini Marinara
w/ Mozzarella
Green Beans
Apple Slices

December 18, 2017

Sweet & Sour Chicken
Sweet & Sour Tofu
Peas
Honeydew
Brown Rice

December 19, 2017

Mac n Cheese
Cauliflower & Broccoli
Fruit Salad

December 20, 2017

Beef Burgers
Veggie Burgers
Mashed Potatoes
Pineapple
Whole Grain Bun

December 21, 2017

Penne Pasta Marinara
w/ Mozzarella
Cucumbers
Pear Slices

December 22, 2017

Fish Tenders
Veggie Nuggets
Broccoli
Applesauce
Whole Grain Bread

December 25, 2017

Turkey Tacos
Boca Tacos
Butternut Squash
Pear Slices
Flour Tortilla

December 26, 2017

Chicken Teriyaki
Teriyaki Tofu
Green Beans
Pineapple
Brown Rice

December 27, 2017

Cheesy Polenta
Glazed Carrots
Honeydew

December 28, 2017

Hawaiian Turkey
Hawaiian Tofurkey
Peas
Cantaloupe
Whole Grain Bread

December 29, 2017

Ravioli Marinara
w/ Mozzarella
Cucumber
Apple Slices